

Terms & Agreements

Voluntary Participation

Everything we offer is an invitation. You choose how you participate, how deep you want to go, and when you step back.

This retreat is held and facilitated by Francisca and Mario. Together we hold the container with a small team of experienced support. Depending on the final program, this may include guest facilitators/ teachers, as well as kitchen staff and practical helpers.

Everyone present is carefully selected. We work with people who understand energy presence, confidentiality, and what it means to support a space of love.

Registration, Payment & Confirmation

Your place is reserved once we have received your non-refundable deposit.

Payments will be done by bank transfer. Details will be provided with the registration email.

Because we work with a small and intimate group, and begin preparing long before the retreat starts, your deposit confirms your commitment and allows us to plan responsibly.

The remaining balance is due no later than 15 April.

If paying in two installments is not possible for you, please reach out before registering. We are open to agreeing a multi-payment plan starting from the moment of registration. All payments must be completed before the retreat begins.

Confirmation & Minimum Participants

This retreat requires a minimum number of participants in order to take place.

We will officially confirm whether the retreat goes ahead on **15 April**.

If the minimum number of participants has not been reached by that date, Francisca and Mario may cancel the retreat. In that case, all payments made by all registered participants will be refunded in full, including deposits.

We recommend waiting to book non-refundable travel until the retreat has been officially confirmed.

Cancellation by Participant

If you cancel before 15 April, your deposit remains non-refundable — unless the retreat is later cancelled by us.

If you cancel after 15 April, your participation becomes financially binding and payments made are non-refundable.

Microdosing

This retreat includes optional microdosing with truffles and mushrooms.

Participation in this element is always your own choice.

You are responsible for:

- Disclosing any medications you are taking
- Checking possible interactions
- Ensuring that you feel mentally and physically stable.

If you are using antidepressants (such as SSRIs) or other psychiatric medication, please inform us before registering so we can assess together whether this retreat is appropriate for you.

Where legally permitted, participants weigh and choose their own microdose according to the guidance provided. Francisca and Mario do not administer substances directly.

If we feel participation in this element is not in your best interest, we may advise you not to join this part of the program.

Health & Responsibility

To create a safe and coherent space, we ask you to provide honest information about your physical and mental health.

This retreat is not therapy or medical treatment.

You are responsible for your own wellbeing before, during and after the retreat.

If you are currently experiencing severe psychological instability, active psychiatric crisis, or have a history of psychosis, schizophrenia or bipolar disorder type I, this retreat may not be suitable for you.

If you are unsure, please consult a medical professional before registering.

We reserve the right to decline participation if we feel we cannot responsibly support your safety.

Confidentiality

What is shared in this space stays in this space.

We ask you to treat each other's stories, emotions and processes with integrity and discretion.

Please do not share personal details of other participants outside the retreat unless you have their explicit permission.

Photography

During the retreat, a photographer or designated participant may capture selected moments for documentation and future promotion.

This will always be done respectfully and never during private or vulnerable processes.

After the retreat, an online gallery will be shared.

You can download your images and choose pictures you give consent for.

No images will be used publicly without your consent.

If you prefer not to appear in photos at all, please inform us before the retreat begins.